





Choosing The Right *Outdoor Toy* For Your 6-Year-Old

Opt for toys such as jump rope to exercise the child's muscles.

A circular illustration of a young boy with brown hair, wearing a yellow shirt and green shorts, riding a red scooter. The scooter has two wheels and a handlebar.


Choose toys such as cycles and scooters if your child is sporty.

Toys with paddles and bats can be suitable for relieving pent-up energy.

A circular illustration of gym equipment: two yellow dumbbells, a black kettlebell, and a tennis racket with a red handle.

Gym sets can assist in strengthening the child's bones.

Sand and water-based toys can help elevate the child's sensory experience.

A circular illustration of a red swing set with two swings and a yellow barrel.

Opt for toys that encourage aerobic activities like running and dancing.

Reference:

1. Toys and Play: 6- to 8-Year-Olds; Seattle Children's Foundation