



Why Is It Difficult For Men To Come Out Of An Abusive Relationship?



Embarrassment

It may be embarrassing for a man to accept that his wife is abusing him. It may hurt his self-esteem badly.

Fear of counter allegations

He may fear that his wife will falsely accuse him or his family of domestic violence if he takes any action against her.



Denial

He may love his partner so much that he refuses to accept that there's any problem.

Worried about children

He worries about the future of his children. His wife may be equally abusive to them, and he sees her as a threat to the children's mental health.

