

Reasons And Tips For Ghosting By Guys



Why do guys ghost?

They start to find you annoying.



They are afraid they won't live up to your expectations as the relationship progresses.



They have a pattern of leaving when the excitement goes away.



They are already in a committed relationship and are afraid of getting caught.



What to do about it?



If you have mutual contacts, try asking them about the situation.



Keep calm and keep yourself busy with work and things you like doing.



If they reach out occasionally, don't be quick to respond.



If they do not contact you despite your best efforts, leave and move on.