

Contraindications For Hand Massage Therapy



Avoid massage therapy if you have any of the following conditions.



Pregnancy



Bruise, wound, or burn on the skin



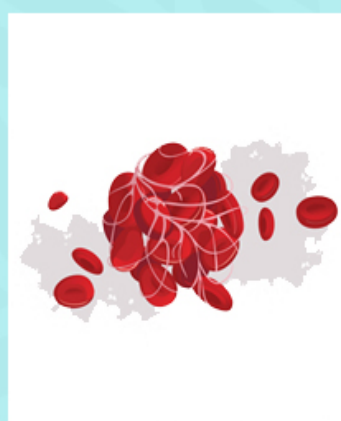
Problems with nerves



Infection or rashes



Osteoporosis



Blood clots



Dizziness



Fever and general malaise

References:

1. Massage therapy guide; Healthdirect
2. Massage; Better Health Channel