

THINGS YOU CAN DO WHEN YOU MISS YOUR MOM



Share your memories of your mom with your friends and family members.



Do something that reminds you of her; for example, cook her favorite food or wear her favorite perfume.

Transform one of your favorite photos with her into a piece of art. Hang it in your house to cherish your bonding.



Write some of your favorite memories with her. You may share it with your mom through a letter or a card.

Make a scrapbook with the favorite memories and pictures of your mom.



Flip through family pictures in an old album and let the nostalgia set in.

On behalf of your mom, donate to organizations that care for women in need.



Honor another mom or a motherly figure who you appreciate or admire. Let her know how she inspires you.