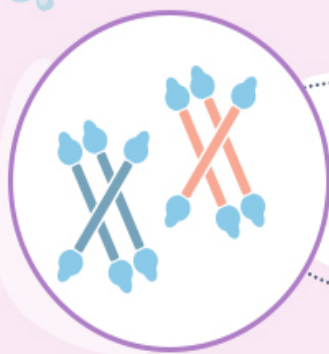


# Mistakes To Avoid When Bathing A Baby



Never schedule a bath immediately after a feed or when the baby is sleepy.

Never use the same cotton wipe to clean both eyes to prevent the transfer of dirt.



Never use a cotton swab to clean the insides of the baby's nose and ears.

Reserve one hand to provide support to the baby throughout the bath.



Avoid splashing water on the baby's face to keep breathing hazards at bay.

Avoid washing a baby girl's genitals in a back-to-front motion to keep infections at bay.



Avoid pulling back a baby boy's foreskin with force during the cleansing process.

Never leave the baby alone in the bath, even if the water is shallow.



## References

1. Skin Care For Your Baby; NCBI
2. Washing And Bathing Your Baby; NIDirect