

## What To Do If Your Baby Spits Up While Burping?



Give more burping breaks between feedings.

Offer more frequent and small feedings.

Ensure to burp the baby in an upright position.

**Use slow-flow bottles** 

Follow the paced bottle feeding method.

## **Reference:**

1.Lets Talk About Baby Burps; The Lactation Network



Source: https://www.momjunction.com/articles/when-do-you-stop-burping-baby\_00772248/