



- Single piece or glob of gel, one to two inches long
- One to two spoons in volume
- Jelly-like substance
- Stringy and sticky substance
- Usually odorless
- Clear or off-white appearance
- Pink, red, or brown color when blood-tinged

## References:

- 1. Mucus Plug; Cleveland Clinic
- 2. Mucus plug what is it and what does it look like?; National Childbirth Trus

Source: https://www.momjunction.com/articles/losing-mucus-plug-in-pregnancymeaning-what-to-do\_00777714/