



# Different Types Of *Non-fiction Books*

## For Teens

**Motivational biographies** present teens with role models who have overcome adversities.



**Survival stories** can expose teens to life skills and the virtue of perseverance.

**Books featuring quotes** from real-life personalities can have better recall value.



**Books with historical settings** can expand the teens' general knowledge.

**Self-help books** can introduce teens to useful life hacks, practices, and habits.



**Journal-style books** present a vivid slice of life in great detail to teens.