



## RISKS OF CONSUMING PLACENTA PILLS

May not provide health benefits as claimed



Contain harmful pathogens leading to infections

Potential heavy metal toxicity



Contain drugs such as antibiotics and anesthetics

Capsules prepared by self or doula at home may lack hygiene standards



Companies collecting and encapsulating placenta are not regulated

Placenta pills are not approved or regulated by the FDA



### References :

- 1 Placenta – Worth Trying? Human Maternal Placentophagy: Possible Benefit and Potential Risks; National Institutes of Health
- 2 Late-Onset Infant Group B Streptococcus Infection Associated with Maternal Consumption of Capsules Containing Dehydrated Placenta; CDC