

# Common Types Of Padsicles

Some postpartum padsicles use additional ingredients to make them more effective and useful for postpartum usage.

Witch Hazel and Lavender Padsicles



Easy Hydrosol Padsicles



Sitz Bath Padsicles



Herbal Padsicles



**Note:** Stop using a padsicle if you experience a burning sensation or irritation.

