



Provides tidal and weather data, enabling you to plan your surfing effectively

Enables precise navigation with built-in compass and GPS





Helps assess performance by recording the number of waves surfed

Records the maximum speed and distance traveled for better assessment





Monitors body vitals, including heart rate and oxygen saturation

Serves as a perfect timekeeping tool for other water sports as well





Source: https://www.momjunction.com/articles/best-surf-watches\_00702216/