

# Benefits Of Using A

# Balance Bike

## For A

# Child



Promotes the child's coordination skills.



Allows them to concentrate on their steering skills.

Helps the child improve their sense of distance.



Gives them a chance to explore independent cycling.

Gives the child a sense of accomplishment and confidence.



Makes the transition to pedal bikes smoother and quicker.

### References:

1. Mastering balance: The use of balance bicycles promotes the development of independent cycling; NIH
2. The Benefits of Balance Bikes; Intermountain Healthcare