

How to know?

She doesn't talk to you as much as she used to.



She shows little to no interest in intimacy and avoids being close to you.



She gets irritated about anything and everything about you.



She doesn't notice your efforts or pays attention to you.



What to do?

Be transparent about your feelings and confront her before assuming the worst.



Reflect on your actions to check if it was something you had done or said.



Try to talk about what she's feeling to address the issues.



If there is no hope for her to love you again, move on and try to make peace with it.



Mom Junction Source: https://www.momjunction.com/articles/signs-your-wife-doesnt-love-you-

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