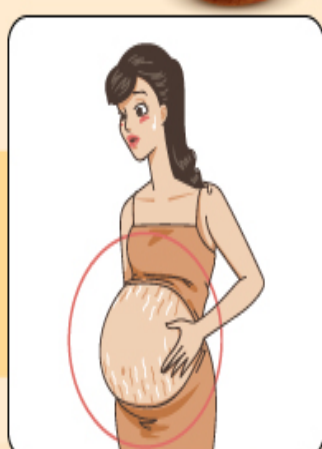


How To Prevent Stretch Marks With Almond Oil In Pregnancy



Apply some oil to the areas prone to stretching



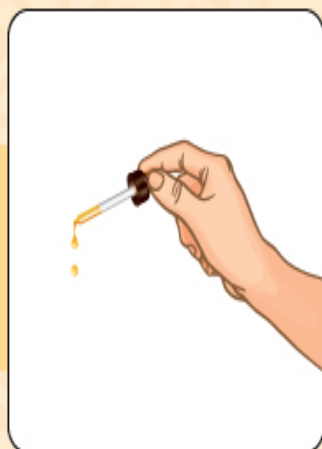
Apply sweet almond oil daily



Moisturize with a mix of almond oil and yogurt



Apply a mix of almond oil and sesame oil



Massage almond oil in the perineal area



Massage almond oil in a circular motion

