

Steps For Nasogastric Tube Feeding At Home



1 Wash hands before preparing the feed.



2 Ensure the tube is placed in the correct position.



3 Keep the baby lying on the back.



4 Connect the syringe to the tube without a plunger.



5 Pour the feed and put the plunger into the syringe.



6 Gently plunge the syringe.



7 Observe the baby during feeding.



8 Stop feeding if they vomit and keep them on their sides.



9 Call the doctor for any help.

References

1. Nasogastric Tube Feeding At Home; NHS
2. Outcomes of Infants with Home Tube Feeding: Comparing Nasogastric Versus Gastrostomy Tubes; National Institutes of Health