

IS YOUR CHILD READY TO TRANSITION TO A TODDLER BED?



What is a toddler bed?

Toddler beds are smaller versions of twin beds. They may often have side rails and a lower height to prevent falls. They are usually available in colors and designs that attract the toddler. These beds are a transition between a crib and a single bed.



Signs your toddler is not ready to transition to a toddler bed



They are **younger than three years**.

Putting them to **sleep and staying asleep is a struggle**.



They fit in the **crib comfortably & safely**.



They are still not great at **following instructions**



They are experiencing major life events, such as **moving houses or the arrival of a younger sibling**.

They are not physically ready to **climb up & down the toddler bed themselves**.



They are not willing to try a **toddler bed at all**



References:

1. When to Transition From Crib to A Toddler Bed; Sleep Foundation