

# Facts About Neonatal

## Breast Swelling



Swollen breasts may be present in the first two to four weeks.



High estrogen levels in the mother's placenta are one of its causes.



It can affect both male and female babies.



The nipples remain firm and sometimes may release milk-like discharge. It rarely lasts longer than a few weeks.

Image: ResearchGate



The swelling may last for six months in some breastfed babies.



Squeezing or massaging the breasts to relieve swollen breasts can lead to infection requiring antibiotics.

Image: Semantic Scholar

### References:

1. Hormonal effects in newborns; Mount Sinai
2. Breast Symptoms-Child; Children's Colorado