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Dating Someone With Autism



Be patient since they may express their emotions differently than others.

Typical cuddling may not work since they are sensitive to touch. Therefore, have honest communication about their take on intimacy.



They follow a fixed routine and develop anxiety when it is disrupted. If planning to move in together, let them know beforehand and give them time to adjust.

You have to be a good listener because they like to talk a lot about things they are passionate about.



They are known for their honesty. Hence they expect the same. So be direct about what you want and never lie to them.

Plan your hangouts in quiet places without loud noises since these may overwhelm them.

