



## Dos And Don'ts While Dealing With An Emotionally Immature Partner

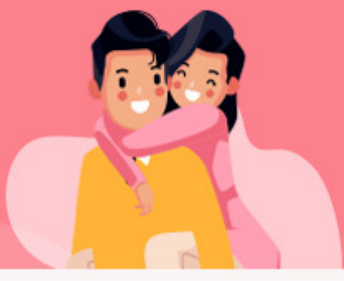
### Things you can do



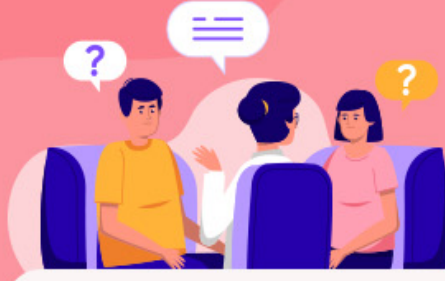
Try to understand their behavior's origin and approach them with compassion.



Use your gestures and words to show them that you care.



Appreciate them when they do something good.



Take the help of a professional if nothing works out.

### Things you should avoid



Reacting instead of responding. If you behave like them, it will not help them change.



Creating a comfortable situation for them at the expense of your mental peace to avoid drama.



Taking things personally to be your fault.



Rationalizing their behavior every time they mess up.