



Helping Children With **DWARFISM** Have Healthy Social And Emotional Growth

Before we begin, it's important to clear some common misconceptions



- Dwarfism does not affect a person's learning ability or cause intellectual disability.
- People with dwarfism are just as capable of working, going to school, getting married, or having children as the rest of the people.
- It is not a "disease." It is a way of life for some people and does not prevent them from living fulfilling lives.

Ways to help children with dwarfism grow into confident individuals



- Do not overprotect or treat them differently.
- Let them befriend children with the same condition as well as those without dwarfism.
- Don't ignore their questions but have open discussions about their condition. You may try explaining the above points on misconceptions.
- When faced with bullying or teasing, help them fight back. Motivate them by giving examples of famous and successful people with dwarfism.