

# Baby Crying While Passing Stools: Reasons And Tips



## Other causes leading to painful bowel in infants

- Intolerance to formula
- Dehydration
- Certain medications
- Rare metabolic disorders and gastrointestinal problems such as Hirschsprung disease



## Tips for managing a baby's painful bowel movements

- If you suspect formula intolerance, speak to a pediatrician and switch to another formula.
- Try safe and relaxing oil massages, followed by warm baths to help ease the pain.
- If your baby has started solids, look for any foods that might be causing hard stools.
- If your infant is older than six months, you may try prune juice, which could soften stools.



## References

1. Constipation in babies; Pregnancy, Birth & Baby
2. Hirschsprung Disease; Nemours
3. Helping your newborn get through painful pooping; University of Utah

