

# **Dishes For Your Child**





#### **Mango Salad**

This salad has a good balance of tropical fruits and fruit juices, making it a sweet, zesty, and healthy snack.

#### **Orange Cream Fruit Salad**

Cold, creamy, and loaded with fruits, this salad will make your child lick the spoon and bowl.





### **Carrot Apple Salad**

This nutritious salad has plenty of crunches, and the sweetness of apples neutralizes the earthiness of the carrots, making it a perfect side dish

#### **Big Cherry Supreme**

Thanks to the delicious combination of jelly, whipped cream, and a tonne of fruits, this fruit salad will become your child's favorite.





#### **Watermelon Salad**

A must-have salad for hot summer days, it is healthful, tangy, juicy, refreshing, and made with simple ingredients.

## **Fruit Salad With Yogurt**

Why give your child plain yogurt when you can mix in so many fruits to make it nutritious and fulfilling for their growing tummies? This dish does just that.



Mom Junction Source: https://www.momjunction.com/articles/healthy-and-yummy-fruit-salad-recipes-

for-kids\_00120652/