

Identifying And Preventing *Adopted Child Syndrome*

Signs Of ACS

Low self-esteem



Feelings of grief and rejection



Identity crisis



Anxiety



Ways To Prevent It

Apply the PLACE attitude where you're Playful, Loving, Accepting, Curious, and Empathetic towards them.



Help them get rid of their attachment fears by making them believe you are their permanent family.

Discipline positively by making them understand the consequences of their actions and why they are being punished.



Be there for them in their important moments to encourage them and build their self-esteem.

Mom Junction

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