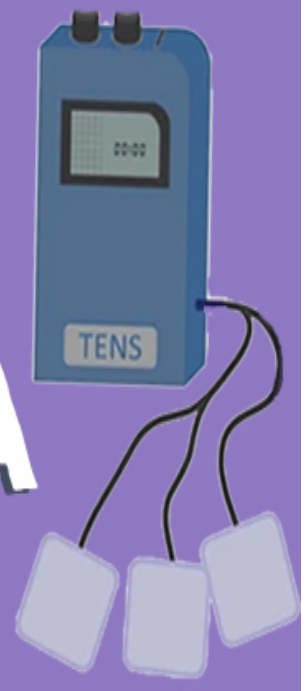


Points To Remember While Using A TENS Unit



Always read the instructions that come with your TENS unit and follow them carefully.



Ensure you are using the correct settings for your TENS unit. Consult a healthcare provider or manufacturer if you need clarification on the appropriate settings.



Do not use the TENS unit if you have a pacemaker; TENS units can interfere with the operation of a pacemaker.



Do not place the electrodes over open wounds or damaged skin.



TENS units can interfere with your ability to concentrate and react quickly. Do not use a TENS unit while driving or operating heavy machinery.



Do not use the TENS unit for an extended period without taking breaks.

