



Teen Behaviors That Need Parental Intervention



Sex, Alcohol, And Drugs Indulgence

What you should do-

Understand the reason, which may be family issues or peer pressure. Work on resolving these issues and explain with empathy how these indulgences in their early years may harm them.



Increased Use Of Communication Devices And Social Media

What you should do-

Do not completely deprive your teen of their phone privileges but keep a tab on their usage by having open communication. Discuss the rules of using the internet, the time spent on the phone, and when they should keep it away.



Aggression and Lying

What you should do-

Don't respond with anger or by shouting at your teen. Instead, listen to their explanations and provide them with alternatives to channel their emotions. Have open and honest communication, so they feel comfortable enough to share anything with you.