

What May Be Causing Your Baby's Heat Rashes



Too much ointment on the skin, causing blockage of sweat glands



Heat rash on the face from lanolin cream on the nipples during breastfeeding



Overdressing in too many layers of clothing



Overexposure to the sun, resulting in overheating



A naturally warm climate in your area



Swaddling too much, especially during summers, causing them to sweat

References

1. Heat Rash; Seattle Children's Hospital
2. When Your Child Has Heat Rash (Prickly Heat); Saint Luke's