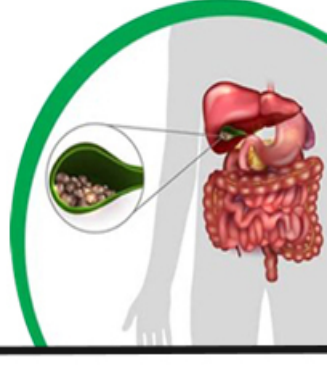


# GALLSTONES IN PREGNANCY:

## POSSIBLE RISK FACTORS



Age above 40



Elevated blood cholesterol levels



Consumption of iron supplements



Increased pregnancy hormones



Prior history of gallbladder disease



Increased BMI or pre-pregnancy obesity



Reduced/absence of physical activity



Diet including high-fat foods



Number of previous pregnancies

### References:

1. Gallstones: Watch and Wait, or Intervene?; Cleveland Clinic
2. Pregnancy and gallbladder disease: Symposium on liver & pregnancy; Annals of Hepatology; ScienceDirect