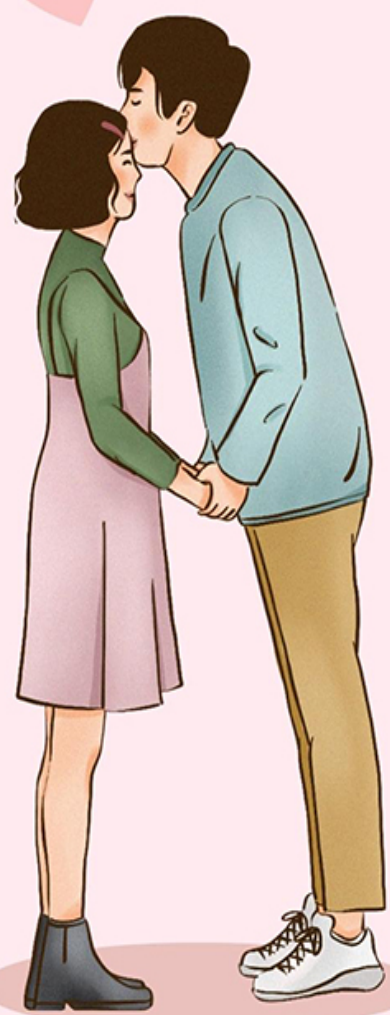


# Empowering Words To Deal With Insecurity

## In A Relationship

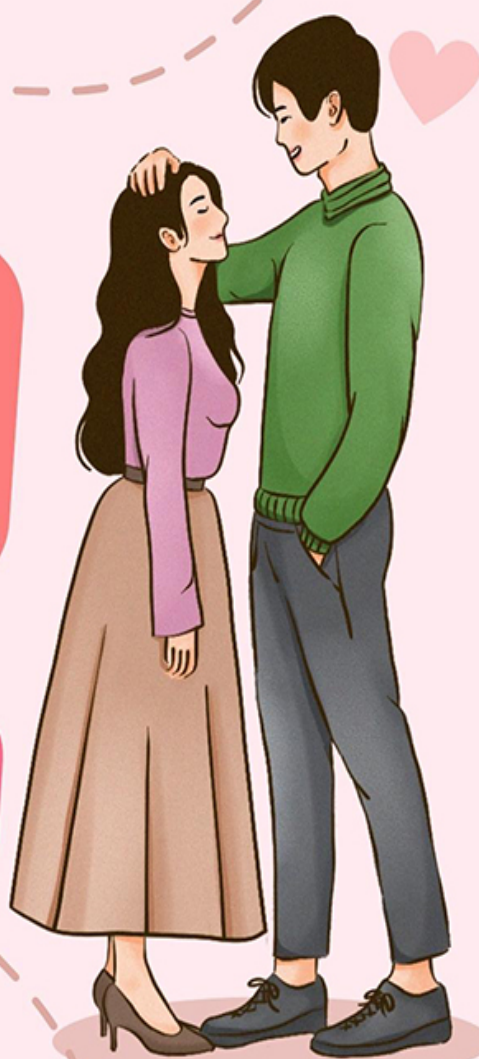


“Relationships are about trust. If you have to play detective, then it’s time to move on.”

“Distance doesn’t ruin a relationship; doubts and insecurities do.”

“Insecure people get caught up in the acceptance of others and lose sight of how cool being themselves actually is.”

“Insecurity is a side effect of loving too much but receiving too little in return.”



“Stop allowing your own insecurities to color the way you interpret someone else’s intention.”

“Sometimes our thoughts are backed by so much insecurity that they create lies we believe.”

