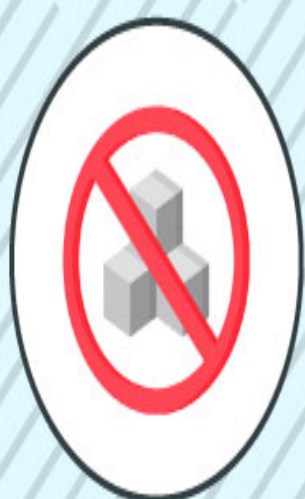




# How To Avoid **Tooth Abscess** In Pregnancy



Rinse your mouth properly after vomiting



Avoid sugar-rich foods and rinse your mouth after eating



Increase calcium intake in your diet



Avoid over-the-counter pain relievers and narcotics



Consult your doctor and dentist even for mild tooth pain



Use a soft bristle toothbrush and brush and floss twice a day