

Making Your Child **SCHOOL-READY**



PREPARING YOUR CHILD FOR PRESCHOOL



Before your child's first day, plan to visit the school together and, if permitted, spend some time exploring classrooms and play areas.



Arrange a playdate for your child's classmates so they know each other better.



Set a wake-up and bedtime routine for your child a few weeks before school starts.



Develop a special goodbye ritual such as singing a rhyme or shaking hands so your child can look forward to it.



Talk to your child about their experience at school and encourage them to share their feelings without being judged.

PREPARING YOUR CHILD FOR ELEMENTARY SCHOOL IF YOU OPT OUT OF PRESCHOOL



Some schools test children before admitting them, so prepare your child for entrance tests.



Help your child stay focused by teaching them organizational skills.



Get involved in school activities to support your child's education.



Teach your child about school rules and the importance of being disciplined.