



# Crohn's Disease Pregnancy **COMPLICATIONS** and **PREVENTION**

## Possible Pregnancy Complications

Preterm birth



Small-for-Gestational-Age  
(SGA) newborns

Cesarean  
section deliveries



Miscarriage or  
pregnancy loss



## Preventive steps

Making necessary  
changes in  
medication doses



Starting to take prenatal  
supplements even  
before conception

Maintaining a  
healthy weight and  
nutritional status



Treatment  
of malnutrition