

# Points To Remember When FEEDING EGGPLANTS TO BABIES



Introduce the vegetable  
in a pureed or mashed form



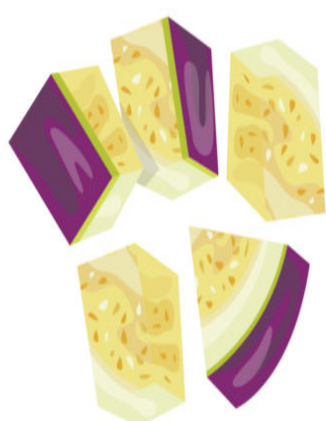
Look out for signs of  
allergy after feeding



Discontinue feeding if they  
show signs of discomfort



Start feeding in small amounts and  
increase the quantity gradually



Cut the eggplant into thin  
pieces to avoid choking while  
giving it as finger food



Consult a doctor before adding  
eggplant to the baby's diet if the  
family has a history of allergies

