



How Can **Ayurvedic Medicine** Impact A Child

Benefits



Ayurvedic medicine focuses on treating the illness rather than just reducing symptoms.



Treatment may involve changes in diet, exercise, and lifestyle.



Ayurvedic preparations may help boost immunity and support proper growth and development.

Risks

Ayurvedic medicine overdose can have adverse effects such as loose motions.



Some children may experience allergic reactions to certain herbs.



Some preparations might have metal concentrations that could be toxic.

