



# Precautions When Using Castor Oil For Babies



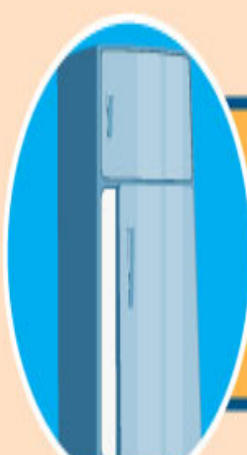
Castor oil can be an allergen. So, a **patch test** is recommended before use.

Pick a castor oil variant after **carefully evaluating** the baby's needs.



Castor oil can interfere with the digestion and absorption of nutrients and vitamins. Thus, its **oral use is not advised** within two hours of meals.

Taking castor oil on an **empty stomach** hastens its effect when used as a laxative.



**Chilling castor** oil in the refrigerator for at least an hour can help reduce its unpleasant taste.

**Consult a pediatrician** to avoid possible food reactions/allergies or intolerance of castor oil with other substances.

