

# Why You Shouldn't

## Use Eucalyptus oil

### On Babies



May cause problems in the central nervous system and breathing issues.

May be harsh on your baby's delicate skin and cause irritation and a burning sensation.



Inhalation or consumption of the oil may cause abdominal pain, diarrhea, and vomiting.

Ingestion or topical application of eucalyptus oil may cause seizures in babies.



In extreme cases, the oil may even put the baby in a state of coma.

Mom Junction

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