

# EXCITING LIVING ROOM *Obstacle Courses*



## Balance beam

Use a rolled-up carpet or rug and ask the child to walk on it without putting their feet down. Add an exciting twist by asking them to balance a book on their heads for added challenge.



## DIY maze

Stick toilet paper rolls, yarns, or crepe paper rolls in a random criss-cross fashion across the hallway to the living room. Children need to cross this zigzag and reach the endpoint.



## Tunnels

Use duct tape to fix delivery boxes, rugs, playmats, and comforters to make low-lying tunnels. You may also line up a few chairs. Switch off or dim the lights to add more excitement to the game.

## Crocodile in the river

Arrange cushions, blankets, and pillows all around the carpet. Children jump from one object to the other without their feet touching the river (carpet). The one who lands on the carpet gets eaten up by the crocodile.



## Tossing junction

Line up laundry bags or empty cartons. Ask children to toss bouncy balls into them. The one who can land the maximum number of balls in the bag or carton wins the contest.

