

Safety Tips For Using A Step Ladder



Keep all the ladder's feet on a flat surface.



Lock the ladder's braces before standing on it.



Do not lean completely or throw your body weight on the ladder.



Try to face the ladder towards the work site.



Carry one item at a time or have someone pass you the items when using the ladder.



Regularly check the ladder for any loose screws or rivets.



Lift and carry the ladder instead of dragging it when it needs moving.



Avoid moving the ladder with a person standing on it.