



Innie Vs. Outie: Which Is Better In Newborns?



Presence of umbilical hernia can be associated with outie

Outie belly button with a small herniation may not require surgical treatment



Innie or outie are not related to how the umbilical cord was cut at birth

Outies can be fixed if there are cosmetic concerns or hernia



Outies can become less noticeable when the child grows

Reference:

1. Innie Vs. Outies; Le Benheur Hospitals