

How To Choose The Right NATURAL SHAMPOO For Dry Scalp?



Active ingredients

To prevent dandruff and flaking, ingredients worth looking for in natural shampoos for dry scalp are tea tree oil, zinc pyrithione, ketoconazole, and salicylic acid.



Hair type

Determine whether your hair is frizzy, thin, textured, color-treated, or kinky, and pick a natural shampoo specifically formulated for your hair type.

Harsh chemicals

To prevent allergies or potential side effects, always pick a shampoo formulated without harsh chemicals, such as parabens, phthalates, sulfates, and silicones.



Hydration

Dry scalp needs a good dose of hydration. Therefore, look for shampoos with aloe vera, shea butter, and argan oil.

Certified organic

To ensure the natural shampoo is natural, look for certified organic products with non-GMO ingredients.

