



MRSA is usually present on the skin and inside the nose. MRSA decolonization aims to decrease the risk of infection by reducing the amount of MRSA found on the skin.

The decolonization process is done by applying antibacterial ointment inside the nostrils. Antibacterial soap is used for bathing, and antibacterial mouthwash is also used. These are done for a doctor-prescribed duration.





The procedure should only be done as per the pediatrician's prescription and guidance.

Avoid getting any medications in the eyes, ears, or mouth. Wash with plain water in case it does.





Do not use any skin care products or topical medicines after using the prescribed ointment, bodywash, or mouthwash.

Change bed linen on the 1st, 2nd, and 5th day of the therapy.



References

- MRSA Decolonization; Nationwide Children's Hospital
- 2. Determining MRSA clearance; Tasmanian Department of Health
- 3. MRSA Decolonisation Treatment Regime; NHS
- Impact of decolonization protocols and recurrence in pediatric MRSA skin and soft tissue infections; National Institutes of Health



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