

Early Symptoms And Treatments Of SHINGLES IN PREGNANCY



EARLY SYMPTOMS



Pain or tingling sensation in the affected area



Malaise or headache



High body temperature



Sensitivity in the affected area where rashes appear later



PREGNANCY-SAFE TREATMENT OPTIONS



Antiviral drugs, such as acyclovir during early pregnancy



Painkillers, such as acetaminophen



Self-care methods, such as cold compressions and warm baths



Calamine lotion and other creams for relief from itchiness