

# MORE CONDITIONS CAUSING

# WHITE PATCHES

# AND TIPS TO MANAGE THEM



## Causes



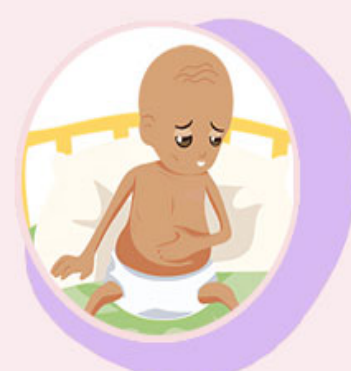
### Mineral deficiency

Calcium, iron, and copper



### Vitamin deficiency

Vitamins B12, C, D, and E



### Protein malnutrition

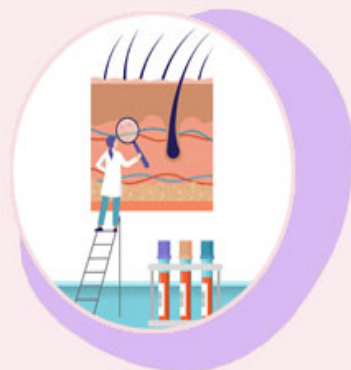
Conditions such as Kwashiorkor



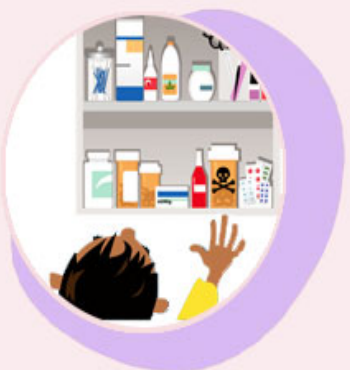
### Skin reaction

Skin exposure to certain compounds, such as lead and bleach

## Management tips



If you have a familial history of a skin condition, get your child evaluated.



Keep potential skin irritants, such as bleach, away from the child's reach.



Advise your child to stay protected from excess sun exposure.



Talk to your child's doctor about supplementation in case of nutritional deficiencies.

### References:

- 1 Hypopigmented Macules; National Institutes of Health
- 2 Cutaneous signs of nutritional disorders; National Institutes of Health