



How To Clean And Maintain

Fitness Trackers

Wear the fitness tracker on the non-dominant hand.



Wear it in a snug yet comfortable manner.

Ensure that the back of the tracker is in contact with the wrist.



Always turn off the fitness tracker during the cleaning process.

Use a wet wipe to remove sweat or dirt from the tracker.



Wash the tracker's band with mild soap to remove dirt and grime.

Use a microfiber cloth to wipe the screen or dial.



Avoid cleaning it with hot water or abrasive brushes.