

# Correct Way To Use Benzoyl Peroxide PRODUCTS



## Benzoyl Peroxide 5% Gel



Use a mild skin cleanser and water to clean the affected area and pat dry.

With clean hands, apply a thin layer of gel covering the affected areas.



Wash your hands again.

## Benzoyl Peroxide 5% Wash



Wash your hands and wet the area being treated.

Apply a small amount of the product to the affected area. Wait for 1 to 2 minutes and rinse with water.



Gently pat the skin dry and wash your hands again.

## Tips



Ensure your baby does not touch your skin when the product is on it.

The product may bleach or discolor hair. So avoid contact with hair.



People with sensitive skin may use Benzoyl Peroxide once a day only.

## References

1. How and when to use benzoyl peroxide; NHS
2. Pregnancy, breastfeeding and fertility while using benzoyl peroxide; NHS