

APPLY THE ANTIPERSPIRANT THE RIGHT WAY

Check the manufacturer's instructions on applying an antiperspirant. Nevertheless, these are the common steps of application.

1



Do a patch test to check if you're sensitive to the antiperspirant.

2



Take a bath and pat yourself dry.

3



Apply the antiperspirant under the arms with two upwards and two downwards strokes.

4



If using a spray-type antiperspirant, spray the bottle at least six inches away from the underarms.

5



Let the antiperspirant dry.

6



Use the product at night to let it absorb well into the skin.

