

# CARING

## For Your Baby With Low Birth Weight



Breastfeeding every two hours may improve their weight and strengthen their immune system.



Kangaroo mother care involving skin-to-skin contact can keep them warm and prevent infections.

Don't skip their regular checkups with the doctor to help monitor the baby's development.



It is important to keep their weight gain in check by avoiding added sugars and refined foods.

Gaining weight should be gradual, and inform the doctor if you notice a sudden increase.



After six months, the baby should be offered a nutritious diet.