



Tips

For Managing And Controlling Head Lice Infestation

Consult a dermatologist for professional guidance and treatment.



Avoid head-to-head contact to prevent lice transmission.

Do not share clothing and accessories such as hair ribbons and hats.



Do not use the bed and beddings used by the affected person.

Soak the affected person's comb or brush in hot water (130°F or 54°C) for ten minutes.



Wash the affected person's bedding and clothes using hot water.

Seal the items that cannot be washed in a zip lock bag for two weeks to kill the lice.



Regularly vacuum the furniture, carpets, and the floor.

References:

1. Head Lice - Prevention & Control; CDC
2. Head Lice: Diagnosis And Treatment; AAD
3. About Lice and Their Control; EPA