



ACTIVITIES TO HELP A SIX-MONTH-OLD REACH DEVELOPMENTAL MILESTONES



Pulling a string toy while playing peek-a-boo
Targeted milestones: Physical and communication



Watching a feather fall
Targeted milestones: Cognitive and sensory (eye-head coordination)



Identifying familiar people
Targeted milestones: Social and emotional development



Playing with food
Targeted milestones: Sensory development



Touching surfaces with different textures
Targeted milestones: Sensory and motor skills



Pushing buttons on a toy
Targeted milestones: Cognitive and cause and effect



Talking to the baby with different expressions
Targeted milestones: Social and emotional development



Trying to eat with a spoon
Targeted milestones: Cognitive and physical development



Reaching toward their favorite toy
Targeted milestones: Sensory and fine motor skills

Reference:
Important milestones: Your baby by six months; CDC