



Select one with active ingredients such as zinc oxide and titanium dioxide.



Ensure the SPF factor is at least 15.



Choose a higher SPF if the child spends a lot of time outdoors.



Ensure it protects against both UVA and UVB rays.



Consider the age recommendation specified by the manufacturer.



Pick one that is compatible with your child's skin type.



Opt for a water-resistant option if your child will be swimming.

Reference:

1. Sunscreen: How to Help Protect Your Skin from the Sun; FDA